Barley burger stew

Ingredients

- 1 lb Ground beef, lean
- 1 cup onion, chopped
- 1 cup celery, chopped
- 36 ozs tomato juice
- 1 cup water
- 1 tsp salt
- 2 tsps chili powder (or up to 1 Tablespoon)
- 1/2 tsp pepper
- 1/2 cup pearl barley , uncooked

Summary

Yield: 4
Source: Betty Crocker's Cooking for Two
Prep Time: 1 1/2 hours
Category: Stews
Cuisine: American

Instructions

In 6 qt saucepan, cook and stir meat and onion until meat is brown and onion is tender. Drain off fat.

Stir in remaining ingredients; heat until boiling.

Reduce heat; cover and simmer until barley is done, about 1 hour.