## **Orange Creamsicle Smoothie**

## Description

This delicious smoothie is sweetened with oranges and vanilla yogurt. It's a thick, cold, smooth treat that can be enjoyed any time of day

- Ingredients
  1 cup milk
  6 oz vanilla yogurt
  1/2 cup frozen orange juice concentrate
- 3 mandarin orange slices
- 1/4 tsp vanilla
- 5 ice cubes

## Instructions

Combine milk, yogurt, orange slices, orange juice concentrate and vanilla extract in a blender.

Blend 15 seconds to combine ingredients.

Add ice cubes and blend about 20 seconds to crush ice.

Serve immediately.



Summary Yield: 1

Source: It's Yummilicious Prep Time: 5 minutes Category: Drinks Cuisine: American