# Sauteed Spinach

## Description

Fresh spinach is cooked in olive oil with garlic salt and Parmesan cheese in this recipe."



## Summary

**Yield:** 4
**Prep Time:** 15 minutes
**Category:** Vegetables
**Cuisine:** American
**Tags:** Side Dish

## Ingredients

- 1 tbsp olive oil
- 10 oz spinach leaves baby
- 1 tsp garlic salt
- 1/4 cup grated parmesan cheese

## Instructions

Heat the olive oil in a large skillet over medium heat.

Add the spinach to the skillet and cover; allow to cook 5 minutes.

Stir in the garlic salt and cover again for another 5 minutes; remove from heat.

Sprinkle with Parmesan cheese to serve.