

Cheesy Zucchini Rice

Description

I thought I'd share this delightfully greenified rice. It's so cheesy that you won't even mind the shreds of veggies floating around in there.

If you have an abundance of zucchini this would be a great way to use it up!

Ingredients

- 1 tbsp olive oil
- 1 cup long grain white rice
- 2 cup chicken broth
- 2 tbsp butter
- 2 small zucchini grated
- 1 cup shredded sharp cheddar
- 1/2 tsp garlic powder

Instructions

Heat the olive oil in a medium sauce pan over medium heat.

Add the rice and stir to coat. Toast the rice, stirring often, just until it starts to turn golden.

Pour in the chicken broth, bring to a boil, turn heat to low, and cover.

Cook, covered, for 15 - 20 minutes or until most of the liquid is absorbed.

Remove from the heat and add the butter, grated zucchini, cheddar, and garlic powder.

Stir until well incorporated. Cover and let sit for 5 minutes.

Stir again and add salt and pepper to taste and a splash of milk if you'd like to thin out the texture a little bit.



Summary

Yield: 2

Prep Time: 30 minutes

Category: Rice

Cuisine: American