

Sweet Couscous

Description

Ingredients

- 3 cups skim or soy milk
- 3 tbsps Peanut, Almond or Cashew Butter
- 1/2 cup raisins
- 1/4 tsp salt
- 2/3 cup couscous
- 1/2 cup Chopped Almonds

Instructions

Bring milk, nut butter and raisins to a boil. Add remaining ingredients and return to a gentle boil for 1 minute. Remove from heat, cover and let stand 10 minutes.

Notes

Summary

Yield: 6

Source: bobsredmill.com

Prep Time: 20 minutes

Category: Breakfast

Cuisine: American