Beef Tips

Ingredients

- 1/2 cup flour
- 1 tsp salt
- 1/8 tsp pepper
- 4 lbs beef sirloin tips
- 1/2 cup chopped green onions
- 2 cups sliced mushrooms
- 1 can condensed beef broth
- 1 tsp worcestershire sauce
- 2 tsps tomato paste
- 1/4 cup dry red wine

Summary

Yield: 8
Prep Time: 5 minutes
Category: Meats
Cuisine: American

Instructions

Combine flour, salt and pepper. Toss with beef to coat. Place beef in bottom of crockpot. Top with mushrooms and onions. Combine the broth worcestershire tomato paste, and win. Pour over top. Cook on low for 10-12 hours. Can serve over noodles.

If I don't have all the ingredients, I have still made with beef broth, worcestershire sauce, slices of green peppers.