

# Mom H's Almond Energy Balls

## Description

¾ cup almond (or other nut) butter  
¼ cup honey  
1 cup ground nuts (almonds, walnuts, pecans)  
1 cup crispy brown rice cereal  
½ cup raw pumpkin seeds  
½ cup raw sunflower seeds  
¼ cup coconut

Mix all ingredients together. If the dough is not firm enough to roll into a ball, add more ground nuts or coconut. Form into 1 & 1/2" balls. Roll in fine coconut. Keep refrigerated in sealed container.

## Ingredients

## Instructions

## Summary

**Yield:** 24

**Prep Time:** 15 minutes

**Category:** Cookies & Bars