

# Brown Derby Grapefruit Cake

## Description

A variation of the famous Brown Derby grapefruit cake that we like to prepare for special occasions.

## Ingredients

### Cake -

- 1 1/2 cups cake flour, sifted
- 3/4 cup sugar
- 1 1/2 tsps baking powder
- 1 tsp salt
- 1/4 cup water
- 1/4 cup oil
- 3 eggs, separated
- 3 tbsps grapefruit juice, fresh
- 1/2 tsp grated lemon peel (1 lemon)
- 1/4 tsp cream of tartar

### Cream Cheese Frosting -

- 1 pkg cream cheese (8 oz)
- 2 tsps lemon juice
- 1 tsp Grated Lemon Peel
- 4 cups sifted confectioners sugar
- 2 tsp crushed grapefruit sections

## Instructions

### Prepare Cake

Beat egg whites with cream of tartar until stiff but not dry. Set aside.

Sift together flour, sugar, baking powder and salt into a mixing bowl. Make a small well in the center and add water, oil, egg yolks, grapefruit



## Summary

**Yield:** 8

**Source:** Mimi's brown derby cake variation

**Prep Time:** 2 hours

**Category:** Cakes

**Cuisine:** American

**Tags:** grapefruit cake, brown derby

## **Brown Derby Grapefruit Cake**

juice and lemon peel. Beat until very smooth. Gradually pour egg yolk mixture over egg whites and fold in gently until just blended. Do not stir.

Turn into ungreased 9 inch springform pan. Bake at 350° F for 30 minutes until top springs back when touched lightly with finger. Invert onto rack and cool thoroughly. Carefully loosen edges of cake and remove from pan.

Cut cake crosswise with a serrated knife to make two layers. Fill with part of the cream cheese frosting and grapefruit sections. Spread the top and sides with frosting and decorate with additional grapefruit sections.

### **Cream Cheese Frosting**

Soften cream cheese at room temperature. Beat until fluffy. Add lemon juice and grated lemon peel. Gradually blend in confectioners sugar and beat until well blended. Blend 2 teaspoons of crushed grapefruit sections into frosting.