Dutch Meat Loaf

Ingredients

- 1 1/2 lbs ground beef
- 1 cup bread crumbs or cornbread
- 1 Egg, beaten
- 1 med. onion, chopped (opt)
- 1/2 salt
- 1/4 pepper
- 1/2 can tomato sauce
- sauce
- 1/2 can tomato sauce
- 2 tbsps vinegar
- 2 tbsps brown sugar
- 2 tbsps prepared mustard
- 1 cup water

Summary

Yield: 4
Source: Cindy Carswell, Brenda Covington
Prep Time: 20 minutes
Category: Meats
Cuisine: American
Tags: Dutch Meat Loaf

Instructions

Meat Loaf: Mix ground beef, breadcrumbs or cornbread, beaten egg, chopped onion, salt and pepper, and ½ can of tomato sauce and shape into a loaf and place in shallow baking pan. Sauce: Mix well. Pour over meat loaf and bake 11/2 hours @ 350°, basting occasionally.

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Notes

Recipe submitted by Cinda Carswell.

Recipe by Brenda Covington

Recipe Note: Originally from Uncle Johnny Allen.