

Recipe Collection - Daily

Compiled by: Jessica

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Introduction

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Garden Vegetable Wraps

Ingredients

- 1/4 cup reduced fat cream cheese
- 1 tbsp garlic powder
- 1 tbsp onion powder
- 1 tsp paprika
- 1 tsp dried chives
- 8 Mission carb balance - small fajita - flour tortillas
- 1 cup diced small sweet tomatoes
- 1 1/4 cups fresh spinach - julienned
- 6 slices bacon, cooked & crumbled

Instructions

Mix first 5 ingredients. Spread 1 teaspoon spread onto each tortilla. Top with tomatoes, spinach, and bacon. Sprinkle with red pepper flakes for extra spice. Roll and serve.

Notes

Serve with carrots sticks and grapes for a complete lunch.