Green Coriander and Ginger Broth

Description

Deborah Madison says, "For extra flavor I add Chinese celery, lovage, or the Japanese herb shiso to the soup as it simmers, then sprinkle a few drops of roasted peanut oil into each bowl once it is served. Serve within the hour and the green sparkle of the cilantro pervades."

Ingredients

- 6 dried shiitake mushrooms
- 1 1/2 tbsp roasted peanut oil
- sea salt (to taste)
- 2 tsp finely diced jalapeno chile
- 2 tsp minced garlic
- 1/3 cup cilantro stems, finely chopped
- 2 bunch scallions, including 2-3" greens, finely sliced 1 cup finely diced celery or thinly sliced chinese celery
- 1/2 ctn (8-10) oz. soft tofu packed in water, drained and cut into small dice
- 1/2 cup chopped cilantro leaves
- 1 tsp soy sauce, or to taste, plus extra for serving
- 2 slice fresh ginger, 1 1/2" thick, smashed

Summary

Yield: 4

Source: Vegetable Soups from Deborah Madison's

Kitchen

Prep Time: 1 hour Category: Soups Cuisine: Vegetarian

Instructions

- 1. Cover the mushrooms with 5 cups of boiling water and set aside while you dice and chop the vegetables.
- 2. Heat a soup over medium-high heat (D.M. uses a flat bottomed wok-shaped pan here) and add the oil. When hot, add the ginger and 1/2 teaspoon salt, give a stir, then add the chile and garlic and stri-fry for 2 minutes, adding the cilantro stems during the last 20 seconds or so. Reduce the heat to medium, add the scallions, and cook until bright green, about 3 minutes. Next add the celery, another 1/4 teaspoon salt, then the soaking water from the mushrooms poured through a fine strainer, squeezing the mushrooms when you remove them from their water to get every little drop.
- 3. While soup is simmering, thinly slice the mushroom caps, and add them to the soup. Cook for 8-10 minutes. Add the tofu, give it 2 minutes to heat through, then add the chopped cilantro and soy sauce.
- 4. Serve the soup with a few drops of roasted peanut or sesame oil in each bowl and extra soy sauce for those who wish.

Notes

Roasted Peanut oil by Loriva. www.loriva.com