

Bbq Beef

Ingredients

Instructions

3 Pounds Stew Meat
3 Medium Peppers
2 Onions
6 Ounces Tomato Paste
1/2 Cup Brown Sugar
1/4 Cup Vinegar
3 Tablespoons Chili Powder
2 Teaspoons Salt
2 Teaspoons Worcestershire Sauce
1 Teaspoon Ground Mustard

Mix all in crockpot. Cover. Cook on high 6-8 hours. Skim fat. Shred meat. Serve on buns.