Pork Chops

Ingredients

- 1 1/2 tsp italian seasoning
- 1 tsp garlic powder
- 1/2 cup flour
- 1/4 cup corn meal
- 1/4 cup bread crumbs
- 1 tsp paprika
- 1/4 tsp cayenne pepper
- 1/2 cup olive oil
- 4 pork chops

Instructions

- **?Heat oil in pan/hot**
- Combine rest of ingredients
- coat pork chops
- fry in oil 3-4 minutes each side

Summary

Yield: 4
Source: Sandra Lee
Prep Time: 30 minutes
Category: Meats
Cuisine: Italian
Tags: italian