

# Taco Salad

## Ingredients

- 1 lb hamburger, browned and drained
- 1 large head lettuce
- 1 can kidney beans
- 1 large onion, chopped
- 4 medium tomatoes - diced
- 1 pkg Doritos (nacho cheese)
- 1 pkg taco seasoning
- 1 tbsp taco sauce
- 1 tbsp Tobasco Sauce
- 1 bottle Thousand Island Dressing
- 1 pkg cheddar cheese (8 oz.)

## Summary

**Yield:** 12

**Prep Time:** 5 minutes

**Category:** Salads

**Cuisine:** Mexican

## Instructions

Brown, drain and cool hamburger. Add taco seasoning, taco sauce, and tobassco. Tear lettuce into bite size pieces; add onion, cheese tomato, beans and hamburger mixture. Then fold in dressing. Add crushed Doritos before serving.

Instead of Thousand island dressing, you could use 1/2 bottle of taco sauce, 1 c. miracle whip, and 1 c. ketchup, and add a little milk.