Homemade Marinara Sauce

Description

It might be tempting to reach for a can of prepared marinara sauce, but why not make a declicious fresh marinara sauce from scratch, especially when it is so simple and quick to prepare.

Ingredients

- 1 can diced tomatoes (28 oz), undrained
- 1/3 cup olive oil ٠
- 2 cloves garlic, crushed or sliced ٠
- 2 tbsps onion, minced ٠
- 2 bay leaves
- 3 tbsp fresh parsley, minced •
- 1 tbsp fresh basil, chopped •
- 1/4 tsp sea salt ٠
- 1 dash red pepper flakes 1/4 cup red table wine •
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Instructions

In a large saucepan, cook garlic in olive oil over medium heat for about 3 minutes, or until golden. Add the tomatoes, parsely, onion, bay leaves, salt, red pepper flakes, and splash of wine. Bring to a boil, then reduce heat and simmer for about 15 minutes.

Discard bay leaves, and add basil. Serve over your favorite pasta (al dente of course).



Summary Yield: 4 Prep Time: 20 minutes Category: Sauces Cuisine: Italian