

Homemade Marinara Sauce

Description

It might be tempting to reach for a can of prepared marinara sauce, but why not make a delicious fresh marinara sauce from scratch, especially when it is so simple and quick to prepare.

Ingredients

- 1 can diced tomatoes (28 oz), undrained
- 1/3 cup olive oil
- 2 cloves garlic, crushed or sliced
- 2 tbsps onion, minced
- 2 bay leaves
- 3 tbsp fresh parsley, minced
- 1 tbsp fresh basil, chopped
- 1/4 tsp sea salt
- 1 dash red pepper flakes
- 1/4 cup red table wine



Summary

Yield: 4

Prep Time: 20 minutes

Category: Sauces

Cuisine: Italian

Instructions

In a large saucepan, cook garlic in olive oil over medium heat for about 3 minutes, or until golden. Add the tomatoes, parsley, onion, bay leaves, salt, red pepper flakes, and splash of wine. Bring to a boil, then reduce heat and simmer for about 15 minutes.

Discard bay leaves, and add basil. Serve over your favorite pasta (al dente of course).