

# Orange Creamsicle Smoothie

## Description

This delicious smoothie is sweetened with oranges and vanilla yogurt. It's a thick, cold, smooth treat that can be enjoyed any time of day

## Ingredients

- 1 cup milk
- 6 oz vanilla yogurt
- 1/4 cup frozen orange juice concentrate
- 3 mandarin orange slices
- 1/4 tsp vanilla
- 5 ice cubes

## Instructions

Combine milk, yogurt, orange slices, orange juice concentrate and vanilla extract in a blender.

Blend 15 seconds to combine ingredients.

Add ice cubes and blend about 20 seconds to crush ice.

Serve immediately.



## Summary

**Yield:** 1

**Source:** It's Yummilicious

**Prep Time:** 5 minutes

**Category:** Drinks

**Cuisine:** American