

# Guacamole

## Ingredients

- 1/2 Red Onion - finely chopped
- 1/2 bunch cilantro - finely chopped
- 2 tbsps sour cream
- 1 jalapeno pepper, seeded and finely diced
- 1 tbsp lemon juice
- 4 large avocados, seed removed, peeled and chopped
- salt & pepper to taste

## Instructions

In a large bowl, mix all of the ingredients except the avocados. Once these ingredients are well mixed, add in the avocados and mash them together. Do not over mash. The avocados should have a chunky consistency. Refrigerate for at least half an hour.