

Banana Nut Bars

Description

Yummy!

Summary

Yield: 16

Prep Time: 30 minutes

Category: Cookies & Bars

Ingredients

Instructions

1-1/2 cup flour

1 cup sugar

1/2 tsp. baking soda

1/2 tsp. salt

1/2 cup shortening (or butter)

2 eggs

1 ripe banana

1/3 cup milk

1 tsp. lemon juice

1/2 cup chopped nuts

Beat for 2 minutes. Bake at 350 degrees for 25 to 30 minutes in a 9"X13" pan.

Frosting:

2 T. soft butter

2 cups powdered sugar

1/4 tsp salt

1 tsp. vanilla

1/2 medium banana (I sometimes just use the whole banana if it's not too big)

Beat at medium speed until well blended. Spread on cooled bars.