Roasted Brown Sugar Five-Spice Butternut Squash

Description

Easy, fast and delicious!

Ingredients

- 2 lbs Butternut Squash, peeled and cubed3 tbsps butter

- 3 tbsps brown sugar 1 tsp Chinese Five-Spice powder
- 1/2 tsp kosher salt

Instructions

- 1. Preheat oven to 400°. Cover a rimmed baking sheet with foil.
- 2. In a small sauce pan, melt butter and sugar over low heat. Once mixture is smooth, add five-spice and salt until fully incorporated. Remove from heat.
- 3. In a large bowl, toss butternut with melted butter mixture. spread out squash evenly on baking sheet. Place in oven and bake for 20-30 minutes or until squash is easily peirced with a fork. (If you have a convection oven it will take less time to achieve the same results.



Summary Yield: 6

Prep Time: 30 minutes Category: Vegetables Cuisine: American

Tags: Brown Sugar Butternut

Squash

Notes

Look in the produce section of your grocery store for peeled and cubed butternut squash.