Description

470 calories

19 grams of fat

Ingredients

- 1 boneless pork shoulder (2 pounds)
 3 onions, sliced, separated into rings
 1/2 cup kraft original barbecue sauce
 8 kaiser rolls, split
 8 kraft singles

Instructions

Place meat in slow cooker. Top with onions and barbecue sauce. Cover with lid. Cook on low for 8-10 hours (or on high for 4-5 hours)

Remove meat from slow cooker. Cut off and discard excess fat. Chop meat into small pieces or shred with fork. Return to slow cooker; stir to coat with sauce.

Fill rolls with meat mixture and singles just before serving.

Summary Yield: 8 Prep Time: 5 minutes Category: Sandwiches