

# "New Style" Lasagna

## Ingredients

- cooking spray
- 12 low carb lasagna noodles, such as Dreamfields
- 5 cups Marinara sauce
- 1 ctn (15 Oz) fat free Ricotta
- 2 cups shredded. part-skim mozzarella (packaged, not fresh)

## Summary

**Yield:** 10

**Source:** Paul & Mira Sorvino, 1/2/11 Parade

**Prep Time:** 1 1/2 hours

**Category:** Pasta

**Cuisine:** Italian

## Instructions

1. Preheat oven to 350 F. Coat a 13x9x2-inch glass baking dish with cooking spray.
2. Cook noodles according to package directions.
3. spread 1 cup of pasta sauce on bottom of baking dish. Arrange three cooked noodles side by side on top of sauce, overlapping slightly. Spread about 1/2 cup of ricotta and 1/2 cup mozzarella on top of noodles.
4. Repeat layering with pasta sauce, noodles and cheese three more times.
5. Top with 1 cup of sauce. Cover with foil and bake 20 minutes. Uncover, top with remaining mozzarella, and bake 25 to 30 more minutes or until cheese is golden brown.

## Notes

Per serving: 270 calories, 8g fat, 15mg cholesterol, 430 mg sodim, 16g protein, 33g carbs