

PRUNE WHIP

Description

Nanna used to make this quite a bit. It is very good.

Ingredients

- 1 Junior babyfood Jar Chopped Prunes
- Grated rind and juice of one half a lemon
- 3 egg whites (stiffly beaten)
- 1/4 tsp salt
- 1/2 cup sugar

Instructions

Mix prunes and lemon rind and juice.

Beat egg whites with salt until stiff gradually adding sugar until combined.

Fold in prune mixture.

Pour into a 1 1/2 quart baking dish (she used round).

Bake at 325 degrees for 25 mminutes until puffed.

Summary

Yield: 6

Source: Nanna Moran

Prep Time: 15 minutes

Category: Desserts

Cuisine: American