Bbq Beef

Ingredients

Instructions

3 Pounds Stew Meat 3 Medium Peppers 2 Onions 6 Ounces Tomato Paste 1/2 Cup Brown Sugar 1/4 Cup Vinegar 3 Tablespoons Chili Powder 2 Teaspoons Salt 2 Teaspoons Worcestershire Sauce 1 Teaspoon Ground Mustard

Mix all in crockpot. Cover. Cook on high 6-8 hours. Skim fat. Shred meat. Serve on buns.

Summary

Yield: 0 Source: Bobbie Cannon Prep Time: 8 hours Category: Main Dish Cuisine: American Tags: Bobbie, beef