

Easy Chicken Parm

Description

Delicious Chicken Parmesan without the frying!

Ingredients

- 4 boneless chicken breast halves
- 1 cup Italian Bread Crumbs
- 2 tbsps olive oil
- 1/2 lb Thinly sliced mozzarella cheese
- 1 jars spaghetti saice

Instructions

Preheat oven to 350 degrees.

Use half the olive oil to grease a 9 x 11 casserole dish.

Slice the chicken breast halves in half, lengthwise.

Dredge eash piece in the bread crumbs.

Place in casserole dish and drizzle with rest of olive oil.

Bake for 30 minutes until slightly browned.

Remove chicken from oven and cover with spaghetti sauce.

Top with mozzarella cheese.

Bake for 30 minutes until bubbling and slightly browned.

Summary

Yield: 4

Prep Time: 1 1/2 hours

Category: Dinner

Cuisine: Italian

Tags: Chicken, cheese, tomato sauce

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Notes

If using jar sauce, I like to use Prego. It has the right concictency and spice.