

# Guacamole

## Ingredients

- 1 1/2 tbsps coarsley chopped red onion
- 1 tbsp fresh lime juice
- 1/8 tsp salt
- 1 clove garlic (small)
- 1/2 jalapeno pepper, small
- 1 avocado, ripe
- 1 tbsp cilantro leaves, coarsely chopped (optional)

## Instructions

Serves: 4

Rating: Awesome

Place first 5 ingredients in a food processor; pulse 5 times or until finely chopped. Add avocado; process until smooth. Sprinke with cilantro.

**Tip:** How to test for ripeness: Place your thumb on the bottom and your middle finger on top of the avocado. Squeeze gently, feeling for a slight give. If it feels mushy, keep looking.

## Summary

**Yield:** 4

**Source:** Priscilla Warnke adapted from Cooking Light

**Prep Time:** 15 minutes

**Category:** Appetizers