

Roasted Brown Sugar Five-Spice Butternut Squash

Description

Easy, fast and delicious!

Ingredients

- 2 lbs Butternut Squash, peeled and cubed
- 3 tbsps butter
- 3 tbsps brown sugar
- 1 tsp Chinese Five-Spice powder
- 1/2 tsp kosher salt

Instructions

1. Preheat oven to 400°. Cover a rimmed baking sheet with foil.
2. In a small sauce pan, melt butter and sugar over low heat. Once mixture is smooth, add five-spice and salt until fully incorporated. Remove from heat.
3. In a large bowl, toss butternut with melted butter mixture. spread out squash evenly on baking sheet. Place in oven and bake for 20-30 minutes or until squash is easily pierced with a fork. (If you have a convection oven it will take less time to achieve the same results.



Summary

Yield: 6

Prep Time: 30 minutes

Category: Vegetables

Cuisine: American

Tags: Brown Sugar
Butternut Squash

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Notes

Look in the produce section of your grocery store for peeled and cubed butternut squash.