

Garden Vegetable Wraps

Ingredients

- 1/4 cup reduced fat cream cheese
- 1 tbsp garlic powder
- 1 tbsp onion powder
- 1 tsp paprika
- 1 tsp dried chives
- 8 Mission carb balance - small fajita - flour tortillas
- 1 cup diced small sweet tomatoes
- 1 1/4 cups fresh spinach - julienned
- 6 slices bacon, cooked & crumbled

Instructions

Mix first 5 ingredients. Spread 1 teaspoon spread onto each tortilla. Top with tomatoes, spinach, and bacon. Sprinkle with red pepper flakes for extra spice. Roll and serve.

Notes

Serve with carrots sticks and grapes for a complete lunch.

Summary

Yield: 8

Prep Time: 20 minutes

Category: Sandwiches

Cuisine: American

Tags: Wraps, lunches